



Supersensory Perception

Foundations, Methods, Applications

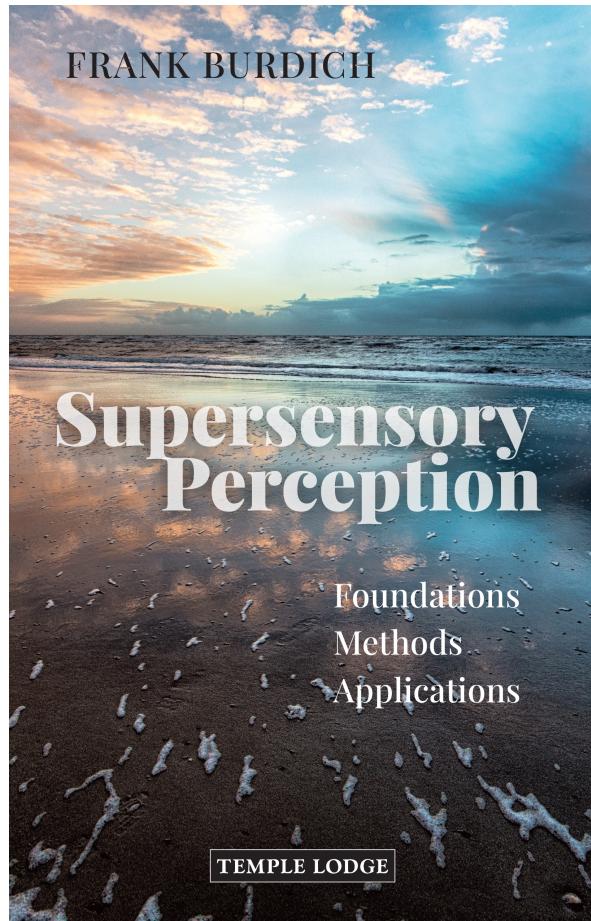
Frank Burdich

Is there such a thing as a supersensory world? If so, can it be explored – and how can the findings of such spiritual research be verified?

Frank Burdich, a trained scientist and longtime schoolteacher, began developing subtle perceptions of supersensory realities through dedicated meditation and spiritual practice. His personal experiences led him to recognize the limits of a strictly materialist worldview – limits, he argues, that we impose on ourselves but can transcend.

In *Supersensory Perception*, Burdich offers a systematic investigation of spiritual worlds and processes, enriched with vivid anecdotes and personal insights. He presents accessible entry points into supersensory experience – such as the atmosphere in a church or hospital, or the differing effects of various foods – and connects them to subtle bodies, elemental beings, angels, and even the souls of the deceased. He also addresses how we might perceive phenomena such as the efficacy of homeopathic remedies, despite their lack of measurable substance.

This book serves as a practical guide for anyone wishing to cultivate enhanced perception. Drawing on his own spiritual experience, Burdich has developed a clear, engaging and approachable language. Whether you're just setting out or are already well along the spiritual path, *Supersensory Perception* offers orientation and insight – an invaluable map through the intricate terrain of the supersensory world.



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FRANK BURDICH, born in 1967, studied chemistry and biology to become a secondary school teacher, and worked in a Waldorf school from 1998 to 2011. Since then he has worked full-time as a spiritual researcher and consultant, as well as a speaker, seminar leader and author. In 2018 he founded the company Applied Spiritual Research Burdich (Angewandte Geistesforschung Burdich). See www.spiritual-research.eu

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